

INDOOR SCAVENGER HUNT

primary playground

- Find a fork.
- Find something that is red.
- Find a tissue box.
- Find 3 things that have wheels.
- Find an orange crayon.
- Find something that is very soft.
- Find a band-aid.
- Find a key.
- Find 2 socks that match.
- Find something round.
- Find a sticker.
- Find a rubber band.
- Find a pair of glasses.
- Find an envelope.



- **YOU GET 10 MINTUES TO TRY AND FIND THE ITEMS LISTED**
- **HAVE A PARENT TIME YOU TO SEE HOW FAST YOU CAN FIND ALL THE ITEMS**
- **EACH ITEM IS WORTH TEN POINTS**
- **PLAYER WITH THE MOST POINTS IN THE SHORTEST TIME WINS.**

Mindset Shift During a Pandemic

I'm stuck at home



I get to be SAFE in my home and spend time with my family

I will get sick



I will self-isolate and wash my hands, this will significantly DECREASE my chances of getting sick

I will run out of items at home during self-isolation



I have prepared for this and I will use my items wisely. I have everything I NEED for now

Everything is shutting down, I'm panicking



The most IMPORTANT places, such as medical centers, pharmacies and grocery stores, remain open

There is too much uncertainty right now



While I can't control the situation around me, I CAN control my actions. Doing breathwork, calling loved ones, getting enough sleep and proper nutrition, prayer, and doing activities I love at home will all help during this time