



## HAVING FUN WHILE YOU LEARN

When learning something new, especially something as difficult as the game of golf, we need a plan to keep us on track so we don't just give up and quit.

When learning something new, try this:

**BE PATIENT  
BE POSITIVE  
ASK FOR HELP**

Example: **Putting**

### **Be Patient:**

- Getting the golf ball to go in the hole is more difficult than you think. You need the right combination of speed and aim. Even the best players in the world only make 5 out of 10 from just 8 feet away. With the right practice you will get better!

### **Be Positive:**

- When practicing, start with short 1 foot putts. Sinking a bunch of putts that length will help you build confidence and believe in yourself.

### **Ask For Help:**

- It's always a good thing to have people in your life that are smarter or have more experience than you do.
- Asking these people for help can sometimes be hard, but it is a fear that we all have that we need to get over.
- A good golf coach can help your putting by showing you what a good stroke should look like or helping you see that a 3 foot putt may look difficult, but it is just really 3 easy 1 foot putts put together.

**Write down how you can use being Patient, Positive and Asking for Help in these situations:**

### **Learning Math in school:**

Be Patient \_\_\_\_\_  
Be Positive \_\_\_\_\_  
Ask for Help \_\_\_\_\_

### **Learning to ride a bike:**

Be Patient \_\_\_\_\_  
Be Positive \_\_\_\_\_  
Ask for Help \_\_\_\_\_