



- Try to make your very own mask.
- You will need help from a parent. Please get permission if using a sewing kit.
- It can be in any shape or style you choose.
- Remember to write down the steps you took to make your mask.
- Think outside the box, I have seen a lot of really cool mask.
- When classes start you maybe required to wear a mask.
- A bandana or scarf
- 2 x elastic or rubber bands, or hair ties
- A coffee filter, paper towel or kitchen roll (optional)
- The easiest method for making your own face mask involves using a bandana or a scarf. Note that if your bandana or scarf is too thin – hold it up to the light to see how much you can see through it, the less you can see, the better – then your face mask won't be as effective. Tightly woven, 100 per cent cotton is best.
- The CDC recommends folding your bandana in half, then folding it again twice – lengthways from both the top and the bottom. At this point, you can also add a square piece of coffee filter, paper towel or kitchen roll to your mask – which you can change.
- Then, place your rubber bands or hair ties around your strip of material, and fold the material in towards the middle, tucking the ends into each other if possible.