

EXPLORING THE GAME OF GOLF

An **explorer** is a person who sets out to discover something new by going somewhere unfamiliar. Explorers are curious people who have courage to try something different. In the game of golf, you don't have to do things like everyone else in order to get the same results.

Explore the way you hold your putter:



For a right handed player, this is a **standard** grip: left hand on top, right on bottom



For a right handed player, this is a **reverse or cross handed** grip: right hand on top, left on bottom



For a right handed player, this is a claw grip. Left hand on top, right thumb goes behind the grip, holding it like a pencil.

If your putts aren't going where you want them to, maybe a different way of holding your putter might be the change that will make the difference. It won't be comfortable at first. Any kind of change in the way you do something takes courage. But the more you do it, the better it will feel.

- Something to think about: Explorers try new things. What is the newest thing you have tried in your life?