



## CONFIDENCE – a feeling of “I can do it!”

Confidence plays a big role in how low of a score a PLAYER can shoot. PLAYERS can increase confidence in their skills every time they play by being positive and focusing on something they are doing well no matter what the outcome.

### Healthy Habit: SAFETY

Knowing what to do if a ball is heading towards someone is very important.

You are to yell FORE as loud as you can.

### THINGS TO THINK ABOUT

Golf is a game of etiquette (manners) and composure (keeping your cool). PLAYERS are responsible for their actions on the golf course even at times when others may not be looking.



### ACTIVITY

#### TIC TAC TOE

1. The game is **played** on a grid that's 3 squares by 3 squares.
2. The first **player** to get 3 of these marks in a row (up, down, across, or diagonally) is the winner.
3. When all 9 squares are full, the game is over.
4. You can play alone or challenge a friend.